Progress Checklist: MODULE #3 - RESPONSIVENESS

"Will you respond to LIGHT aids?"



Lightness of response cannot be forced. It is carefully and consciously developed, maintaining trust and emotional relaxation.

GROUND SKILLS Controlling-Maneuvering your horse		RIDING SKILLS Forwards-Backwards-FQ-HQ-Walk & Trot; Destinations	
 Self Evaluation Heavy or Light? Overreactive or Calm? What is your FEELING? The NON-Negotiable's GO Stop Turn Back Up Stand Still (Park) Who's Moving Whom? (L1) Response to Light Pressure (L2) You release the pressure The horse finds the release Backward 3 Ways (L3) Halter Chest Leading Forward 3 Ways (L4) Halter Tapping with stick Leading Move Forehand 3 Ways (L5) Hands 	 Move Hindquarters 3 Ways (L6) Hands Stick (tapping) Energy (not touching) Lower the Head and Neck (L7) Halter Hands Bit isolations Stay Forward on the Circle (L8) Close range: tap top of the HQ 2 laps Long range (Sweep if breaks gait) Go and Park! (L9) GO' Half a lap PARK and wait for horse to relax BehaviorFIX Know your horse's character and the best psychology strategies. Is your horse? Mover · Stopper Pushy · Tense Move the Shoulder (L12) Push the shoulders sideways and 	 Teach Response to Light Pressure (L2) Give, Allow, Drift Backward 3 Ways (L3) Bit Chest (neck string) Legs (wiggling your feet) Forward 3 Ways (L4) Tapping stick (on the shoulder, on the hip) Seat (the saddle is going forward) Legs (a gentle squeeze) Move the Forehand 3 Ways (L5) Stop with one rein (control) Direct the nose (one rein at a time; Point your finger) Neck rein (one headlight) Guiding with a stick Move the HQ 3 Ways (L6) Heel 	Q-Walk & Trot; Destinations Lower the Head & Neck (L7) • Lift the reins Stay Forward on Circle (L8) • Tap the shoulder when horse breaks gait (every 3 seconds) Go And Park (L9) • xxx Headlights (L10) • On your hands / knuckles: Two hands; One hand) • On your toes (like skis) • All over your body! Barking Orders (L11) Your "friend" tells you what to do! • Walk-Back up, Stop, Trot, Park, Turn, Small Circle, Large Circle, Change Direction, Figure 8, etc.
Move Forehand 3 Ways (L5)	Move the Shoulder (L12)		